

**2025 ILLINOIS SISTER SOCIETY** 

# WORKSHOPSERIES

Leader Within: Lead from Anywhere

June 10 | 2:00 p.m.

#### **Power of YES**

August 5 | 2:00 p.m.

## **Unmute Your Life:** Power of Voice

September 18 | 2:00 p.m.

#### **Leader Within: Lead from Anywhere**

Lead yourself, but first know who you are. Participants will learn the number one skill is not in a business book. This workshop will expose the real "competency" of self-leadership and how to leverage your career and create an undeniable impact in the marketplace as a leader with or without an "official title".

- Learn how to develop your personal I.M.P.A.C.T
- Understand Zone of Genius
- Impact of Purpose, Influence, and Service

#### **Power of YES**

Power up YES! Move your career and life. Stop the "hustle yes" and self- abandonment. Participants will discover, re-discover, and reclaim the necessity of honoring their inner yes. Learn the power of YES and the implication of ignoring opportunities and the "stuff" that gets in the way.

- Learn the four 'yes' types and how they work from inside out
- Leverage the three 3Cs that change everything
- YES, with boundaries and not baggage to lead, transform, and elevate

### **Unmute Your Life: Power of Voice**

This workshop will dive into the critical role of the power of voice. Understanding the power of voice affects how individuals lead, communication, identity, creativity, decision-making, self-advocacy, behaviors, purpose, career, and wellbeing. Participants will unpack their voice, identity, and power. It's necessary to do work that aligns to who you are at your core for longevity and well-being. Participants will learn how vital intrapersonal connection transforms authenticity, drives human connection, potential, and their destiny.

- Gain insight beyond our words and function in B.R.A.V.E.
- Types of voices that have the potential to propel you or create self-limiting behaviors
- Questions to shift the brain into a greater sense of self-awarenes



LaVada D. Humphrey



