



Your Three Words

What would happen if you tuned into your cues?

Define your words.
Be intentional.

How do I
want others to
perceive me?

1

2

3

Are my three words in
alignment with what I want
to communicate to the world?

Why did I choose
these three words?

Action Steps

(Make it Happen)

Action Steps to Showing Up Intentionally:

☐ Today

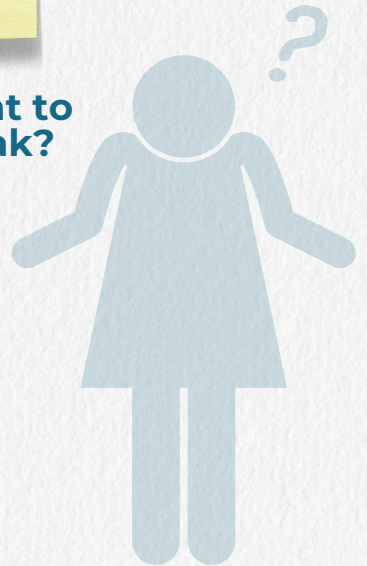
☐ Tomorrow

☐ Next Week

☐ Next Month

What do I want to change?

What cues do I want to tune into and tweak?



When you walk in a room, what walks in with you? What's your VIBE?

Envision and practice!

What do you want your speech bubble to say?



Kristin's Info



Slide Deck

